MOVER'S CHOICE

A Division of SPG Insurance Solutions, LLC

THE DISPATCH

MANAGING RISK IN THE MOVING & STORAGE INDUSTRY

TOPIC

Safety Around Vehicles

Avoid several dangers and injuries by following some simple safety rules when working around vehicles.

☐ **GET FAMILIAR WITH THE VEHICLE**
- Know how to use the equipment. Like cargo straps and walk-boards… how they attach and how to store them properly.
- Know where the first aid kit and accident investigation kit are located and how to use them.
- Don't use damaged or worn items. Notify the appropriate person at your company about the damage.

☐ **KEEP WORK AREA CLEAN**
- Keep furniture pads and load straps out of walking areas to avoid tripping.
- Store used packing materials in an empty box; keep food wrappers and other trash out of the cab.
General housekeeping not only improves safety, but makes you look more professional in the eye of the customer.

☐ **USE HANDRAILS & 3-POINT TECHNIQUE TO ENTER & EXIT CAB**
- The 3-Point Technique prevents you from falling or jumping to the ground.
Always have at least three points of contact with the vehicle, either two hands and a foot or two feet and a hand.
- Don't jump! Jumping from the cab causes slip and falls when hitting the ground. Plus, knees, back, or ankles suffer a jarring from the impact of the jump.

☐ **PARK SMART… BEST ACCESS & OUT OF TRAFFIC**
- Pick a spot that allows other vehicles to have adequate access.
- Many parking lots and driveways are cramped, so check to make sure there is good visibility for other drivers to see you working.
- Use cones or triangles in areas of limited visibility, such as sharp corners or narrow streets.

Pay attention to the basics!

☐ **SECURE THE VEHICLE & STABILIZE THE WALK-BOARD FOR (UN)LOADING**
- Make sure you don't have to jump in and out of the trailer. If there is not a walk-board or loading dock, use the 3-Point Technique.
- When working with a loading dock:
  o Make sure the vehicle is backed up to the dock.
  o Avoid large spaces that you could fall through when carrying boxes.
  o Make sure the loading area is of similar height to the dock to avoid trips and falls.