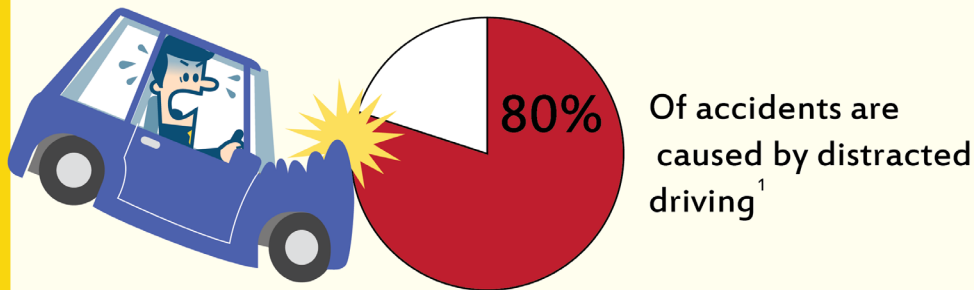


Safety Talk Tuesday

Destination: Distracted Driving Prevention Distracted Driving Facts and Tips for Safer Driving Habits



On average when you take your eyes off the road for 2 seconds...



You travel 132 feet Blind²



Avoid the Three Types of Driver Distraction!



Visual

**Taking your eyes
off the road.**

Examples: reading a text or
looking at the crash on the
shoulder



Cognitive

**Not focusing your
mind on driving.**

Examples: singing along
with the radio or talking
on the phone



Manual

**Using your hands
for other tasks**

Examples: eating, drinking,
and texting

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