

Safety Talk Tuesday

Destination: **Summer** Driving Tips Summer Driving Facts and Tips for Safer Driving



Protect Your Skin from **Sun Damage!**

Long hours in the sun can lead to a number of health problems. Protect yourself by wearing sunscreen or an arm sleeve when driving long hours



Watch your **brakes!**

During the Summer months breaks often get hotter when in use. This can lead to brake failure. Start breaking earlier and gentler to avoid overheating your brakes and always go through routine inspections and maintenance.



Hydrate!

Dehydration can lead to fatigued driving or even worse heat exhaustion! Make sure to always carry water in your vehicle during the summer months to stay hydrated!



Be careful of **construction!**

Many construction projects take place during the summer. The road may be uneven and other hazards may be in the road so slow down at construction areas.



Share the **Road!**

Due to school being out and families going on vacations freeways tend to be a little more crowded during the summer months. Maintain your following distance and be aware of your blind spots to safely share the road!