

## Safety Talk Tuesday

### Destination: First Aid On The Road Tips For Administering First Aid On The Road



**Check yourself and your surroundings first!** If you are injured or in a dangerous spot, it may be best to stay where you are. Injuring yourself further will only make it worse!

**Call for help.** If you need medical assistance then try getting the help of bystanders, or calling **911**. The sooner you can get help the better!



If you are able to, **help those around you** that need help! Do your best to tend to their injuries, and give them some positive reassurance. Remember to stay by their side until help arrives.

**Get More Safety Tips at  
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